



ST. NICHOLAS SCHOOL

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SEN Trust Southend



28th May 2021

Dear Parent/Carer

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, will soon be forming part of the National Curriculum. This change began as of September 2020 and has to be implemented by summer term 2021.

As part of our school's wider Personal, Social and Health Education programme, your child will soon receive lessons on relationships, sexual health and personal safety.

Schools are required to consult with parents when developing and reviewing their policies for Relationships Education and RSE, which will inform schools' decisions on when and how certain content is covered.

The purpose of the upcoming curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

The lesson content we will be covering are available for parents on the school website, including links to websites and resources used. There is a timetable of the lessons your child will cover over a 3 week period from Tuesday 8th June to Friday 25th June for each of our classes/year groups. Parents are encouraged to look at the resources on the website and any feedback or questions relating to the content can be sent to office@st-nicholas.southend.sch.uk. We would welcome all feedback by Friday June 4th 2021.

You do have a right to withdraw your child from sex education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, will be granted up to three terms before your child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school should make arrangements for this to happen in one of the three terms before the child turns 16 - the legal age of sexual consent.

There is no right to withdraw from Relationships Education at secondary level and we believe the content of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught. However, we are confident you will share our enthusiasm for the successful implementation of the new PSHE curriculum, which we feel will benefit all of our students. You are welcome to contact class teachers to discuss the programme further, please email your child's class teacher for any further information.

Yours sincerely,

Mrs Zoe Foxall
PSHE Co-ordinator

